

## *Coming to the Well*

Come take a facilitated, personal and collective journey to reconnect your spirit with community and in the company of People's Women.

Enjoy and experience intentional music and singing, local healthy home-cooked food, kayaking/canoeing on the lake, walking on 300 beautiful acres, sauna, quiet time and much, much more!

Circle Pines Center is located on 300 acres of land with walking trails, a beautiful lake with canoes and kayaks, picnic tables, fire pit and a wood fired sauna.

### **Retreat Leaders are:**

#### **Anna Shade**

UU for 4 years  
Artist / Jeweler  
Loves to collaborate &  
be creative with others  
in sacred space



#### **Dawn Shilts**

UU for 17 years  
Led a women's retreat &  
2 UU women's curriculum based/multi-session programs



#### **Kat VanHammen**

UU for 3 years  
Artist  
Past Co-director of  
Circle Pines  
Led women's retreats  
and workshops



### What to Bring

- Your own bedding
- Free time supplies (knitting, book, journal, walking shoes, etc.)
- Friday evening sack dinner if you don't plan to eat before arrival.

### "Getting to Know Each Other Game"

Bring a book that has been important to you at any time in your life when you needed to reconnect with your spirit in any way.

When you arrive, "secretly" place it in the designated spot in the Farmhouse.

On Friday evening, a chart will be given to you with names of attendees in one column and the list of books in another column.

Between Friday evening and Saturday evening, as you begin to "get to know one another", make the connections between the columns. Ask questions! Talk! Make Guesses!

During the Saturday evening gathering, we will "reveal" the answers and we will share why the books were meaningful.

Prior to the retreat, Dawn will contact registrants for book names in order to create the chart.



Look for more details about  
the retreat by visiting  
[www.peopleschurch.net](http://www.peopleschurch.net)

### **Retreat Location and Contacts:**

**Circle Pines Resort**  
**8650 Mullen Road**  
**Delton MI 49046**

[www.circlepinescenter.org](http://www.circlepinescenter.org)

**Anna: 269-372-9847**  
**Dawn: 508-221-4591**  
**Kat: 616-204-0219**  
**Circle Pines: 269-623-5555**



**Unitarian Universalist  
2014 Women's  
Retreat**

**With Retreat Leaders:  
Anna Shade  
Dawn Shilts  
Kat VanHammen**

*Join the women of  
People's to reconnect  
your spirit with  
community by ...*



*Coming to  
the Well*

**Friday, May 9  
(arrival 5:30 - 6:30 pm)**

**\*\* through \*\***

**Sunday, May 11  
(departure 12:00 pm)**

**Saturday Commuter  
Option Available**

**Circle Pines Resort**  
**8650 Mullen Road**  
**Delton MI**

**“Coming to the Well” Retreat Schedule**  
**Main activities and dining take place in the Farmhouse.**

**Friday, May 9**

**5:30 - 6:30 pm** Arrival and Check-in - Note: Friday night dinner on your own (bring a sack dinner or eat before).

**7:00 - 9:00 pm** Ingathering

**9:00 pm** Free Time (snacks provided)

Campfire, sauna, puzzles, singing, talking, etc.

**Saturday, May 10**

**8:30 - 9:30 am** Breakfast

**8:30 - 9:00 am** Saturday Commuters arrive

**9:30 - 11:30 am** Morning Gathering

**11:30 am - 1:00 pm** Lunch

**1:00 - 4:00 pm** Free Time - walking, kayaking/canoeing, (Sat. cont.)

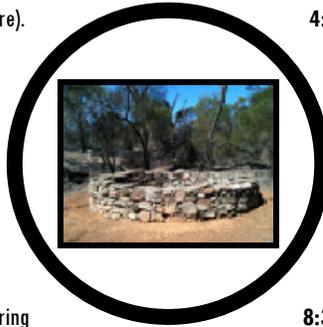
sauna, massages (reservations will be required), quiet time, etc.

**4:00 - 5:00 pm** Regathering with light snacks

**5:00 - 6:30 pm** Dinner

**6:30 - 8:30 pm** Evening Gathering (with results of “getting to know each other game” - see back page)

**8:30 pm** Free time (snacks provided) Campfire, sauna, puzzles, singing, talking



**Sunday, May 11**

**8:30 - 9:30 am** Breakfast

**9:30 - 10:30 am** Worship Gathering

**10:30 am -12:00 pm** Check Out and Goodbyes

**Lodging and Pricing Information**  
**For all housing options, bring your own bedding.**

All prices include programming as well as meals, snacks, coffee and tea.

Food is made from scratch with local ingredients and is almost all organic.

Pricing depends on housing option chosen and whether private room or shared room is chosen.

NOTE: all prices shown are per person

**Swallows Building**

**(9 rooms available—up to 17 women total)**

Swallows includes simple but nice rooms. The building has 2 bathrooms with 2 showers and 2 toilets each plus a single accessible bathroom with a shower, sink and toilet for those who want a private bathroom experience. There are a few single rooms with double beds and the rest are for at least 2 people to share.

**Orchard Cabins**

**(4 cabins available—up to 6 women total)**

Simple heated two room cabin that sleeps 1-2.  
 Bathhouse is nearby.

**Junior Cabins**

**(9 cabins available—up to 36 women total)**

Cute cabins - basically a wooden tent.  
 Unheated with bathhouse nearby. Sleep up to 4.

**Tent**

Bring your own tent and camp.  
 Tenters camp anywhere they choose and can be in close proximity to a bathhouse or use Swallows.

**Saturday Commuter**

no overnight stay

**Registration**

**Deadline for Registration: Sunday, May 4, 2014**

Limited availability in Swallows and Orchard Options so sign up early!

| Sign up for:  | Price    |
|---|----------|
| <input type="checkbox"/> Swallows Shared Room *               | \$140    |
| <input type="checkbox"/> Swallows Private Room                | \$170    |
| <input type="checkbox"/> Orchard Cabin-Shared *               | \$140    |
| <input type="checkbox"/> Orchard Cabin—Private                | \$160    |
| <input type="checkbox"/> Junior Cabin-Shared *                | \$110    |
| <input type="checkbox"/> Tent                                 | \$ 90    |
| <input type="checkbox"/> Saturday Commuter                    | \$ 60    |
| <input type="checkbox"/> Donation towards scholarship fund ** | \$ _____ |
| <b>Total:</b>   | _____    |

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

\* Roommate choice: \_\_\_\_\_

Special dietary needs: \_\_\_\_\_

I am interested in reserving massage time on Saturday afternoon (\$15.00 for 15 minutes, payable on Saturday.)

Please cut off this form along vertical edge and send with your check payment (payable to “People’s Church”, memo “Women’s Retreat”) to:  
 People’s Church  
 1758 N. 10th St.  
 Kalamazoo MI 49009

\*\* A limited number of \$50 scholarships are available.  
 Please contact us for more information.

Anna: 269-372-9847

Dawn: 508-221-4591

Kat: 616-204-0219